



Bridge starts January 27th 2019!!

What is "Bridge"?

The Bridge Program is designed to be the next step after a skater has graduated from the Learn to Skate program (passed yellow group). Our coaches are here to help transition from the familiar structure of Learn to Skate lessons into a freestyle setting. This program is the bridge from group lessons to private lessons.

Changes to 2019 Bridge:

Due to the small class size skaters will still get 20 minutes of group lessons time, but it will all be the same 20 mins. vs. the 20 in lesson and 20 in practice time last year. The open figure ice time will still be covered with the price and skaters are still getting as much or more instruction as before. The class will also skew more toward freestyle elements, noted in the schedule below.

We are using the extra 20 min. time slot to host a competition class for new skaters from group class who want a solo program to compete and perform in the spring ice show. More information about "Competition Class" will be announced soon! Keep an eye out future competitors!

Weekly Schedule:

Jan. 27th Week 1: On ice warmup. Ice etiquette. Perimeter stroking. Edge jumps

Feb. 3rd Week 2: Toe Jumps. Spins

Feb. 10th Week 3: Spins. Edges.

Feb. 17th Week 4: Edge Jumps. Waltz 8.

NO CLASS Feb. 24th (no figure skating ice that day)

NO CLASS March 3rd (Carroll College Spring Break)

March 10th Week 5: Spins. Toe Jumps. Edges.

March 17th Week 6: Edge Jumps. Advanced Spins

March 24th Week 7: Show Practice

March 31st Week 8: Show Practice

Who can participate?

Any skater who is advancing beyond Learn to Skate AKA skaters in yellow star or higher can register for bridge classes. For the 2019 season skaters may take LTS lessons as yellow stars AS WELL AS bridge. This has been approved by the collaborating coaches based on the current skaters' needs.

What will I learn in Bridge?

The curriculum comes directly from the US Figure Skating testing structure. Coaches will work with skaters on skills needed for the PrePreliminary tests. There are lots of new skating skills, half jumps, and spins on the test.

We do not recommend this class if you have already passed the PrePreliminary MIF test. Skaters who have completed the tests already know all the material we will go over in class. Skaters who have passed the PrePreliminary tests are welcome to join the class but the curriculum will not be modified, it would be a review class.

There's a test??? Do I have to test?

Just like the Learn to Skate coaches test skaters to see if they're ready to move up a level, there are a series of US Figure Skating tests. These tests are administered by US Figure Skating judges to determine if a skater is ready to move up to the next level. Testing is completely optional. We encourage skaters who are ready to take the test. (Why take driver's ed if you are never planning to get your license?) However, the decision to take the test or not is completely up to the skater and their parents.

What if I'm new? Some of those other skaters look way better than me.

Due to the small group structure of the Bridge Program skaters will get the coaching needed for his/her level and skill advancement.

Will I be ready for the show in just 2 weeks?

The ice show program is built on the PrePreliminary test skills that you've been learning for the previous 6 weeks. Two practice sessions and a dress rehearsal is plenty of time for skaters to learn their starting position, review the order of the skills, and listen for a couple music changes. You already have the skills, the show is simply putting them in a specific order.

How do I sign up?

Step 1- register as a club member

Step 2- sign up for Bridge

Step 3- be on time for all your classes

Registration Form

Due. Jan. 20th by 4pm

Student/Parent Information

Skater (s)

Phone Number(s):

Email Address:

Yes, I'm already a club member _____ No, I need to register as a club member* _____

*Please complete membership forms and turn in with Bridge form <http://www.helenafigureskating.club/membership/>

*Ice show fees for the bridge program and performance are included. Bridge payment also includes the Ice Show Registrations fee of \$20. This fee only has to be paid to HFSC one time per show per family and is redeemable for 2 ice show tickets per family. The Show Registration fee will be waved for you on the full ice show registration form if paid with bridge.

Payment includes open figure ice fee for the 2:00pm-2:40pm session for each Bridge Sunday. Bridge is only available as a package.

Please contact Crystal Ann Curry at 406-461-5327 or crystal.curry80@live.com with questions.

First Family Member	\$ 180
Additional Family Member(s)	\$ 160
Membership Fees (if applicable)	\$
TOTAL	\$ _____